

Home Economics

STAGE 1 Semester 1

Child Studies 1
Creative Cooking 1
Fashion Sewing 1

STAGE 1 Semester 2


Child Studies 2
Creative Cooking 2
Fashion Sewing 2

STAGE 2

HESS General
Early Childhood Studies
Food & Hospitality Studies
HESS Restricted
Textiles

VET

Certificate II in Hospitality (Operations)



Casuarina Senior College aims to provide an outstanding education and quality outcomes for all students through the provision of rich learning experiences and a varied curriculum designed to maximise student engagement.

Students are able to access all subjects without incurring tuition costs. A number of subjects also offer extended learning experiences which are optional and for which the College Council will seek the reimbursement of associated costs from parents of participating students. Examples include additional materials, excursions, etc. Indicative reimbursement costs for subjects containing extra-curricula activities are identified throughout the handbook by an asterisk (*).

For further information please contact the College on 8920 1211.

home economics stage 1

Child Studies 1

Subject Description

This subject enables students to develop an understanding of growth and development during the early childhood stage of life (0-5 years). Students investigate pregnancy, childbirth, infant care and a range of issues relating to meeting the needs of infants, toddlers and pre-schoolers. Students will plan and provide experiences about caring for young children. This will include preparation of resources for parents and construction of developmental activities for children.

Content

- Reproductive System, Pregnancy and Childbirth
- Parenting Issues
- Child Development (0-5 years), including observations of children
- Safety and Children
- Role of Play

Assessment

- **Practical Investigations** (60%) which will include planning/research, practical and evaluation of activities.
- **Research and Analysis** (40%) of parenting issues.

Credit	Subject Length	Subject Offered
10	1 x semester	Semester 1

Child Studies 2

Subject Description

This subject focuses on a detailed coverage of the development of children aged 0-5 years. Students investigate current issues in early childhood such as role of television and computers in a child's play, as well as behaviour management approaches. Requirements for working with children and the operation and role of children's services are studied. Students undertake discussion, investigations and practical activities designed to meet children's needs.

Content

- Child Development
- Behaviour Management
- Working with Children - Careers / Qualities Required
- Children's Services

Assessment

- **Practical Investigations** (60%) including Action Plan and Practical, Research Task and Practical, Practical and Work Report
- **Research and Analysis** (40%) including Research Reports, Interview and Report

Credit	Subject Length	Subject Offered
10	1 x semester	Semester 2

Code
1CS511

NTCET Code
1CSD10

*\$30 for practicals, developmental activities with children. Excursions may be a component of this course.

Prerequisite

A strong interest in the area of child studies.

Code
1CS512

NTCET Code
1CSD10

*\$30 for practicals, developmental activities with children. Excursions may be a component of this course.

Prerequisite

A strong interest in the area of child studies. Child Studies 1 is recommended but not essential.

home economics stage 1

Creative Cooking 1

Subject Description

This subject is for students who have some basic food preparation skills and would like to add to and improve these. The main focus is on developing practical skills in preparation and presentation of food. Assessment is essentially practical but includes a written component in each assessment item.

Content

- Equipment, Facilities and Techniques
- Food Safety and Hygiene
- Healthy Eating Practices
- Resource Management

Assessment

- Practical Investigations - 60%
- Research and Analysis - 40%

Credit	Subject Length	Subject Offered
10	1 x semester	Semester 1

Creative Cooking 2

Subject Description

This subject is for students who are interested in developing skills in food preparation and presentation. The main focus is on the importance of food preparation in daily life both in the vocational and creative sense. Assessment is essentially practical but includes a written component in each assessment item.

Content

- Personal, Food and Environmental Hygiene
- Menu Planning and Food Presentation
- Business Opportunities
- Special Occasion Cookery

Assessment

- Practical Investigations - 60%
- Research and Analysis - 40%

Credit	Subject Length	Subject Offered
10	1 x semester	Semester 2

Code
1FO511

NTCET Code
1FOH10

*\$85 for ingredients used in food preparation.

Prerequisite
Some cooking skills. An interest in the subject. Ability to work in a team.

Code
1FO512

NTCET Code
1FOH10

*\$85 for ingredients used in food preparation.

Prerequisite
Creative Cooking 1 is an advantage but not essential. Some cooking skills. An interest in the subject. Ability to work in a team.

home economics stage 1

Fashion Sewing 1

Subject Description

This subject is for students with basic sewing skills or for those interested in learning to sew. Skills in pattern and fabric selection, use of equipment and construction techniques will be developed. Assessment is heavily weighted towards practical completion of project work.

Content

- Preparation for Sewing
- Construction Techniques
- Design and Function of Clothing
- Sewing Machine and Overlocker Use

Assessment

- Product Analysis - 10%
- Design and Communication - 20%
- Product Realisation and Evaluation - 50%
- Specialised Skills Tasks - 20%

Credit 10	Subject Length 1 x semester	Subject Offered Semester 1
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Fashion Sewing 2

Subject Description

This subject further develops clothing construction skills, with a variety of new techniques being introduced. It allows students to design and construct individual articles of clothing. This course is an excellent lead into Year 12 Textiles.

Content

- Clothing and Fashion Design
- Hand and Machine Construction Techniques
- Fabric Decoration Techniques

Assessment

- Product Analysis - 10%
- Design and Communication - 20%
- Product Realisation and Evaluation - 50%
- Specialised Skills Tasks - 20%

Credit 10	Subject Length 1 x semester	Subject Offered Semester 2
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Code
1MM211

NTCET Code
1MMA10

*\$25 for materials and equipment used in class. Students will need to provide their own fabrics for their garments.

Prerequisite

Basic sewing skills.
An interest in the subject.

Code
1MM212

NTCET Code
1MMA10

*\$25 for materials and equipment used in class. Students will need to provide their own fabrics for their garments.

Prerequisite

Fashion Sewing 1 is an advantage but not essential.
Basic sewing skills.
An interest in the subject.